





# LETTER FROM OUR EXECUTIVE DIRECTOR





Dear Friends,

Thank you for the ways you have partnered with us and the Garfield Park community – your support helps us move our mission forward.

January 2022 was our 30<sup>th</sup> anniversary. I'm proud of the ways Breakthrough has expanded to partner with residents across six focus areas: housing, education and youth development, violence prevention, health and wellness, community economic development, and spiritual formation. We are actively engaging in all of these spaces so we can push toward a thriving Garfield Park.

Since this became my life's work about 20 years ago, I have known the joy and lament that are part of our story. We mourn when lives are lost to gun violence on our blocks, when we learn that families are losing their homes because they can't afford rent, and when there is unmet hunger. Funerals,

the opioid crisis, and waiting lists for our shelters often create waves of lament. But then I work in our FamilyPlex, and I see teens hang out after school. I pop into our Fresh Market food pantry, which is supported by a group of senior volunteers, and witness neighbors serving one another. When I enter the men's shelter in the morning, and I'm thanked by one of the men for just being open, my joy is sustained.

I invite you to read these stories, glimpses into the joy we get to experience everyday at Breakthrough. This is what 30 years of opportunity and partnership has looked like in our community.



Yolanda Fields
Executive Director

Breakt hrough



#### **FOCUS AREAS**



Education and youth development opportunities for students ages 2-24, with a focus on parent engagement.



#### **ECONOMIC OPPORTUNITY**

Providing opportunities and resources that foster financial wellness and economic stability.



#### HOUSING

Transitional and permanent supportive housing for individuals and families experiencing homelessness. Daily supportive services for those in crisis.



#### **HEALTH & WELLNESS**

Behavioral health, food access, sports and fitness programs, and medical care for individuals in Garfield Park.



#### **VIOLENCE PREVENTION**

Reducing violence through a comprehensive, scientific, public health approach that changes behaviors and eliminates the conditions that allow violence to spread.



#### **SPIRITUAL FORMATION**

Individuals have the option to participate in devotionals, prayer, Bible studies, and spiritual direction.

#### **KEY CONCEPTS**



#### **NETWORK MODEL**

All programs are built on the foundation that more relationships lead to more learning, support, and opportunities.



#### **HYPERLOCAL FOCUS**

One of the most unique things about Breakthrough is our commitment to community revitalization within a hyperlocal area.



#### TRAUMA INFORMED

Breakthrough structures services to acknowledge and overcome the negative impact of trauma in daily life.



**UNIQUE?** 

#### **DIVERSE FUNDING BASE**

An intentionally diverse funding base from corporations, foundations, individuals, churches, and government ensures financial stability.



#### **DIGNITY & RESPECT**

All individuals are worthy of dignity and deep respect. Breakthrough is committed to empowering individuals and honoring what they bring to the restoration process.



#### **COMMUNITY DNA**

The only way to truly become part of a community is to build intimate connections, listen, and respond by often putting our own agendas aside.

### HOUSING REMAINS A CRITICAL COMPONENT OF OUR WORK



# "I FELL IN LOVE WITH THE WORK, I FELL IN LOVE WITH THE ATMOSPHERE, I FELL IN LOVE WITH THE WOMEN AND THE MISSION OF BREAKTHROUGH."

Breakthrough opened its doors in 1992 as a drop in center for hundreds of men who needed shelter and support services, such as meals, case management, and job training. Over the last 30 years, housing programs have remained a foundational part of our mission.

The Women's Center opened in 2000 in Garfield Park, and the program for men was relocated to the Men's Center in 2008. During the day, these centers offer basic needs to individuals experiencing homelessness or crisis. The overnight Transitional Housing program, which provides a dedicated bed, case management, and care coordination, is also housed in the centers.

Cheron Massonburg, now Chief Program Officer of Breakthrough's Housing and Health and Wellness programs, started working at the Women's Center soon after it opened. She says, "I fell in love with the work, I fell in love with the atmosphere, I fell in love with the women and the mission of Breakthrough."

The Permanent Supportive Housing program began in 2016 to offer long-term housing solutions for families and individuals. Staff partner with participants with a housing first approach that seeks to connect them to housing before working together to address other barriers. 100 percent of program participants remained housed for the entire year.

This year, Breakthrough's housing programs partnered with 824 individuals and families to move from crisis to stability. As we look toward future growth, housing remains a critical component of our work to bring about a thriving Garfield Park community.

Break hrough

**WOMEN'S CENTER** 

HOUSING

#### HOUSING

Transitional and permanent supportive housing for individuals and families experiencing homelessness. Daily supportive services for those in crisis.

824
PEOPLE SERVED



#### **DAYTIME SUPPORT CENTER**

18+

**479 PEOPLE SERVED** 



of support center guests received essential resources such as food, showers, laundry, and technology



of support center guests received a needs assessment



### PERMANENT SUPPORTIVE HOUSING

Ages 18+

**45 PEOPLE SERVED** 



of permanent supportive housing guests remained housed for the entire year

#### TRANSITIONAL HOUSING

18

**253 PEOPLE SERVED** 



of transitional housing guests retained housing



adults from transitional housing were placed in stable housing



#### **FAMILY HOUSING**

Familie

**47 PEOPLE SERVED** 



families received permanent housing and wraparound support

HOUSING

# DEEP PARTNERSHIP & TRANSFORMATIONAL RELATIONSHIPS





# "IT'S BECAUSE OF BREAKTHROUGH AND HER SCHOOL THAT SHE IS GROWING INTO THE YOUNG LADY THAT I'M BLESSED TO HAVE AS A DAUGHTER."

As she walks into the Breakthrough FamilyPlex on a Wednesday afternoon, students excitedly gather around Whitney, a local middle school teacher. It was her students who introduced her to Breakthrough when she was looking for an after-school program for her daughter, Hartlyn.

In the four years her daughter has been a part of the Nettie Bailey Student Achievement Program (NBSAP), Whitney said Breakthrough has become like family.

"The additional help the staff offers us and the abundance of love we are always showered with has really given us an extended family from God," she says. "It's because of Breakthrough and her school that she is growing into the young lady that I'm blessed to have as a daughter."

Breakthrough experiences the joy of partnering with parents as students grow from preschool to post-secondary and beyond. Ana Pyper, Director of the NBSAP, said Whitney is an amazing mother, community advocate, and friend.

"I see the ways that she mothers everyone's children as a teacher," Ana says. "She checks in on them even after they've graduated and every student runs in for a hug when she comes to pick Hartlyn up from the after school program. She has great connections with other parents, and is a trusted individual in the community because of the ways that she engages with youth and families."

Moms like Whitney are a force for good in our community. "She deserves to be honored every day...as she exemplifies strength, grace, and joy in motherhood," Ana says.

# EDUCATION & YOUTH DEVELOPMENT

Education and youth development opportunities with a focus on parent engagement

1,196
STUDENTS SERVED



#### BREAKTHROUGH BEGINNERS

Preschool

**98 STUDENTS SERVED** 



of exiting preschool students are kindergarten ready



### NETTIE BAILEY STUDENT ACHIEVEMENT PROGRAM

K-8<sup>th</sup> Grade

175 STUDENTS SERVED



of 6th-8th grade students met/exceeded Common Core Standards



### LONDON JOHNSON ARTS & TECHNOLOGY ACADEMY

Ages 6+

**282 STUDENTS SERVED** 



of arts and tech students ended their class session with an increase of knowledge/skill



EDUCATION & YOUTH DEVELOPMENT

### SPORTS & FITNESS ACADEMY

Ages 6-18

**467 STUDENTS SERVED** 



of student athletes improved in a sport-specific skill

# BREAKTHROUGH BEYOND (HIGH SCHOOL & POST-SECONDARY PROGRAMS)

Ages 14-24

**174 STUDENTS SERVED** 



of youth grew in knowledge of college readiness













#### "THE COMMUNITY PROVIDES DEEP, TRANSFORMATIONAL **RELATIONSHIPS, AND WE WORK TOGETHER. THAT'S** WHAT CREATES A PLACE FOR PEOPLE TO THRIVE."

Growing up in East Garfield Park, DeAngelo has memories of playing football and walking to elementary school. He also remembers when he first joined Breakthrough's youth programs in 2006. He says, "As soon as I walked in these doors, I felt welcomed by all the staff members."

DeAngelo has always had a strong network of support from his family and from his teachers and principal at Beidler Elementary School. Lisa Gwin, now Chief Program Officer of the Breakthrough Youth Network, was a tutor at Breakthrough when she met DeAngelo. The work of Breakthrough, Lisa says, is "about partnering with families, partnering with the community, to surround young people with support and provide them with access to opportunity."

DeAngelo was the first to graduate from college in his family, and he returned to Breakthrough as a program assistant. It was then, as he worked with the young athletes at Breakthrough, that he knew that this was what he wanted to do. Today, DeAngelo is the Associate Director of the Sports and Fitness Academy.

"There are so many amazing people in this community, so many talented youth," he says. "My story, what I'm doing, is just one of many people staying here building together."

The many people who surrounded DeAngelo and contributed to the positive trajectory of his life is what Lisa says is one of the most special parts of Breakthrough. "The community provides deep, transformational relationships, and we work together. That's what creates a place for people to thrive," she says.





#### "I'M VERY HAPPY THAT BREAKTHROUGH IS HERE TO HELP. EVERYTHING I HAVE DONE WITH BREAKTHROUGH I HAVE ALWAYS WANTED TO DO."

As part of Breakthrough's Violence Prevention efforts, the case management team partners with individuals in the community through wrap-around, long-term support to help them reach their goals.

Kenvatta had just moved to Garfield Park when she was connected with Sharonda Smith, a case manager at Breakthrough, through an outreach worker. In a year of partnership, she participated in a job readiness training program and was employed with Breakthrough to help with community events. She was also connected to Inspiration Kitchens, a restaurant and job training facility in East Garfield Park, where she completed food service certifications.

Another goal Kenyatta had was to obtain her GED. Sharonda referred her to Malcolm X College where she, with hard work and determination, completed GED classes. She said it's been about 30 years that she has

hoped to obtain her GED, and the partnership with her case manager has been important.

"I'm just very motivated," Kenyatta says. "I'm very happy that Breakthrough is here to help. Everything I have done with Breakthrough I have always wanted to do."

One of the ways the team walks with individuals toward long-term stability is with a focus on access to jobs and education. According to a report by the Center for Neighborhood Engaged Research & Science, Breakthrough participants saw a statistically significant increase in the currently employed outcome from 2020 to 2021.

Kenyatta was ready to reach the goals she set for herself, and with partnership of Breakthrough's case management team and connections to the resources that aligned with her vision, she achieved them.

VIOLENCE PREVENTION

# VIOLENCE PREVENTION



Reducing violence through a comprehensive, scientific, public health approach that changes behaviors and eliminates the conditions that allow violence to spread.

3,503
PEOPLE SERVED



#### **OUTREACH SERVICES**

Ages 13+

2,883

community members attended safe space events



safe space events hosted



#### **VICTIM SERVICES**

Ages 13+



individuals were connected with victim services

According to Chicago public data, Breakthrough's programs work. In the last year there has been a 29% decline in all shooting victimizations in East Garfield Park.



#### **CASE MANAGEMENT**

Ages 13+

26

individuals found employment

129

participants received case management or re-entry services



retained employment for 90+ days



referrals given



VIOLENCE PREVENTION

### A SPACE OF JOY, HOPE, AND KINDNESS





#### "I WOULD HOPE FAMILIES FEEL VERY LOVED ON AND CARED FOR. I HOPE THEY SAY THIS WAS A PLACE THAT JUST DID NOT FEEL LIKE A HAND OUT. IT FELT LIKE A HAND UP AND A HAND HELD."

The Fresh Market is a community-choice food pantry that offers high-quality food and supplies to individuals and families in Garfield Park. With 13,060 visitors accessing groceries this year, Wendy Daniels, Associate Director of Food Services, wants the market to feel shopper-honoring.

"We want the Fresh Market to feel like a small neighborhood market that just happens to be free to those who are in need," she says. In addition to the community-choice model, which allows shoppers to select the items they want rather than be given bags of pre-selected groceries, Wendy said an attention to detail is important to let families know we care about them.

"That could mean reworking the structure of the market to make it flow like a grocery store," she says. "It could mean that we are unified in what we wear so that you feel like you're coming to a place that has really put thought into how they serve others."

Wendy hopes the Fresh Market is remembered as a space of joy, hope, and kindness, not only in the demeanor of the staff and volunteers, but also in the details – the uniforms, the layout, the thoughtful signs and messages around the market, and the shelves stocked with fresh food. Over the last several months, the pantry has implemented many changes with shoppers in mind.

"I would hope families feel very loved on and cared for," Wendy says. "I hope they say this was a place that just did not feel like a hand out. It felt like a hand up and a hand held."

HEALTH & WELLNESS

# HEALTH & WELLNESS



Behavioral health, food access, sports and fitness programs, and medical care for individuals in Garfield Park. 13,739 PEOPLE SERVED



#### **BEHAVIORAL HEALTH**

All Ages

479 PEOPLE SERVED THROUGH SUPPORT CENTERS

**200 PEOPLE SERVED** THROUGH TRANSITIONAL HOUSING



of support center guests were connected to additional mental health resources



of transitional housing guests participated in on-site therapy or 1:1 coaching



of transitional housing guests reported increased knowledge of health choices and behaviors

#### **FRESH MARKET**

All Age

**13,060 FAMILIES SERVED** 

878,494 POUNDS OF FOOD DISTRIBUTED



of our guests are returning community shoppers



of the families served have households with children

3%

of our guests are currently experiencing homelessness







HEALTH & WELLNESS

# CREATING PATHWAYS TO OPPORTUNITY



# "THE PILOT FOR US WAS TO REALLY UNDERSTAND WHERE PEOPLE WERE ALONG THEIR JOURNEY, WHAT THEY WERE INTERESTED IN, AND HOW WE CAN TAILOR OUR PROGRAMS TO MEET THOSE NEEDS."

For budding entrepreneurs in Garfield Park, Breakthrough offers a six-week small business development workshop in partnership with Entrenuity and the Joseph Center Small Business Development Center. The first cohort featured 10 residents who accessed the tools and support to launch ideas into functional businesses.

Wilonda Cannon, Chief Program Officer of Community Economic Development, said the workshop was created to help address barriers to economic vitality in Garfield Park. "We don't have adequate pathways to wealth creation, and I think that is what we see in thriving communities," she says. "One of those pathways is business ownership."

Through the workshop, Breakthrough partnered with participants at various stages of their business ideas and covered topics such as owner management, target market, sales, expenses, and profitability. Breakthrough also offers ongoing partnership and support to participants after the program.

Ebony, a participant, said she hopes to be selfemployed and to create jobs. She says, "I've learned the ins and outs of business. Initially, I came into it thinking that it was just about an idea and how to just take an idea and move towards [a business], but I understand now you have to know things about finance and other ins and outs that I did not know initially."

Wilonda is looking forward to the next class and new opportunities for small business development in Garfield Park. She says, "The pilot for us was to really understand where people were along their journey, what they were interested in, and how we can tailor our programs to meet those needs, and I think it allowed us to do that."



**ECONOMIC OPPORTUNITY** 

# **ECONOMIC OPPORTUNITY**

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Providing opportunities and resources for economic stability and financial empowerment.

356
PEOPLE SERVED



#### **EMPLOYMENT SERVICES**

Ages 18+



individuals received employment services



individuals were placed in jobs

#### **INCOME SUPPORT**

Ages 18+



individuals received income support services



of eligible participants applied for at least one benefit



#### **FINANCIAL COACHING**

Ages 18+



individuals received financial services



completed a baseline financial assessment



### HOMEOWNERSHIP & SMALL BUSINESS

Ages 18+



individuals completed Homeownership Preparedness Workshop Series



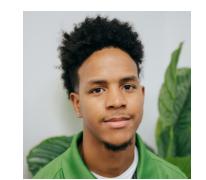
individuals completed Small Business Development Workshop Series

ECONOMIC OPPORTUNITY 30

# SPIRITUAL FORMATION

Individuals have the option to participate in devotionals, prayer, Bible studies, and spiritual direction.





## JIMMIE BROOKS Mentoring Coordinator

"Throughout our mentor program, we try to exemplify love through different things, whether it's through discussion, our acts towards the kids in and out of the program, or opportunities. All of those things mesh in the love that I have for the kids, what I want them to be, and my hopes for them. I think it all stems out of love for them."



#### **TASHEE POPLOUS**

#### **Associate Director, Violence Prevention**

"Some of the things we do to express our love for participants in our program is we provide them with wrap-around services regardless of what it is. It may be something like clothing, shoes, food, or maybe just a phone call to check-in to see how they are doing. We ask them if they are going through a difficult time; we provide emotional support for them. If there is a time when an individual just wants prayer, we will pray for them."

"What are some tangible acts of love, compassion, and care that you display through your work at Breakthrough?"



#### **ANTONIO DANIELS**

#### **Associate Director, Volunteer & Church Engagement**

Manna Ministry, which allows volunteers to serve meals to guests in our centers, "is an opportunity for groups to demonstrate being the hands and feet of Jesus...Manna has been a great opportunity for small groups to come together to serve and, not only do they meet our guests and develop relationships, but they also learn about one another."

SPIRITUAL FORMATION

### WE VOLUNTEERS





#### 3,030 INDIVIDUAL VOLUNTEERS

#### **80 CHURCHES ENGAGED**





350 Vounteers served at our Fresh Market

150 Volunteers served in our Youth Network programs

800 Volunteers served in our Manna Meals program

### INDIVIDUAL VOLUNTEERING





#### **Astoria Griggs-Burns**

Astoria Griggs-Burns, Associate Director of Community Health and Wellness at Breakthrough, volunteers on her own time in the Girls Mentoring program with the Breakthrough Youth Network. This program provides support and positive relationships for girls in grades 6-12. As a volunteer, Astoria leads and assists with the program or lesson activities for the evening, such as song analysis, team building activities, and off-site trips. She says, "I volunteer at Breakthrough because I enjoy giving back to the community and building relationships with youth in the network."



#### **Miriam Ivette Torres**

Miriam Ivette Torres has faithfully served as an assistant to our Volunteer Engagement team as she supports Manna Ministry. Volunteers with Manna Ministry cook and serve meals to guests experiencing homelessness in our Men's and Women's Centers. According to the team, her volunteer efforts have gone above and beyond, and she is a valuable part of the team. "I am honored to be helping out and supporting [Breakthrough's] dedicated efforts to give back to the community," Miriam says. "I will forever be thankful for being part of such an amazing team."

#### **CHURCH VOLUNTEERING**



#### **CORPORATE VOLUNTEERING**





#### **Grace Chicago Church**

Grace Chicago Church has faithfully partnered with Breakthrough for more than 20 years. They have served meals, thrown parties, and created gift baskets for Permanent Supportive Housing participants over the years. This year, they supported our first-ever Walk for Hunger. Thanks to their financial support, every walker earned funds for the Fresh Market food pantry, and their volunteer efforts helped the day run smoothly. They also provided an amazing jazz band for our 2022 Annual Benefit. Bob Reid, Minister at Grace Chicago Church, says, "Breakthrough's tireless, effective, and imaginative good work in Garfield Park has modeled for us God's way of loving the city of Chicago."



#### **KeHE**

KeHE has been a longtime partner of Breakthrough going back to 2013. KeHE has provided immeasurable support, from hundreds of volunteer hours to financially supporting new initiatives in the Fresh Market food pantry and the Breakthrough FamilyPlex. This year, KeHE brought their "Rising Star" group for a day of service, volunteered at the Christmas Store, and helped at our HomeCourt+ block parties. Randy Shaw, KeHE Cares Program Director, says, "We greatly value the longtime relationship between KeHE Cares and Breakthrough. [Breakthrough is] not only doing tremendous kingdom building work, but also continuously providing our employees the opportunity to serve in impactful ways."



## Willow Creek Community Church

Willow Creek Community Church has partnered with Breakthrough for more than 15 years, especially the Willow Chicago Campus. Groups have served meals and volunteered at events over the years. This year, through their year-end fund, they generously supported Breakthrough's youth programs and staff from their campuses volunteered at Breakthrough and planted flowers, cleaned, and served meals. Kyle, Director of Compassion and Justice at Willow Creek Community Church, says, "We love partnering with Breakthrough because we know that they are trusted in the communities and among the people they are serving."



#### **Katie Perkins and Sanofi**

Katie Perkins and Sanofi have volunteered at Breakthrough in many ways over the past few years. They have served meals, donated items to our events, and, for the last two years, decorated the Breakthrough FamilyPlex for the holidays. They brought all the holiday decorations – Christmas trees, ornaments, bows, ribbons, lights – and baked cookies and cakes for staff members. Gynger Garcia, Breakthrough Youth Network (BYN) Community Coordinator, says, "We're grateful for Katie's dedication and the generosity of Sanofi. Their time and efforts of beautifying our FamilyPlex facility brings cheer and joy to staff, families and students alike!"

#### **EXECUTIVE LEADERSHIP TEAM**



**Yolanda Fields Executive Director** 



Chief Program Officer Community Economic Development



Alexandra Cesario **Chief Development** 



Lisa Gwin Chief Program Officer



Cheron Massonburg **Chief Program Officer** Breakthrough Youth Network Housing, Health & Wellness



**Damien Morris Chief Program Officer** Violence Prevention



John Smith **Chief Administrative** Officer

#### **STAFF LEADERSHIP TEAM**



**Nathan Bedell Workforce Development** 



**Martin Coffer** Director Community Safety & FamilyPlex Operations



Lauren Cole Associate Director of Housing



**Antonio Daniels Associate Director** Church & Volunteer Engagment



**Wendy Daniels Associate Director** Food Services



Astoria Griggs-Burns **Associate Director** Community Health & Wellness



Ann Healing **Director of Church and** Volunteer Engagement

**Kimberly Sankey** 

**Early Childhood Education** 



**DeAngelo Johnson Associate Director** Sports & Fitness

**Kirsten Strand** 

**Donor Relations** 





**Chavon Martin** Director **Human Resources** 



Mvisha McGee Post Secondary **High School Director** 



Tashee Poplous **Violence Prevention** 



Ana Pyper Associate Director Director, Nettie Bailey Student



**Bradley Troast** Director Institutional Giving



**NyEdra Turner Associate Director** 



Director

Communications

**Violence Prevention** 



Lisa Wiese Director **Behavioral Health Services** 

#### **GOVERNING BOARD OFFICERS** Vice President Secretary



**Derreck Robinson Managing Director and** National Sales Leader Deloitte



**Education and Social** Service Advocate



**Procurement Director** Allstate



Jenny Haas **Chief Executive Officer** Tampico

#### **GOVERNING BOARD MEMBERS**



Tim Anliker **Director and Team Lead,** Corporate Banking, BMO Harris Bank



Aretha Birks **Head Start Parent** 



**Michelle Dunham Associate General Counsel** American Express



Regional Sales & Marketing Manager Diesel Radiator Co.



Afua Owusu **Executive Producer** Weigel Broadcasting Company



**Deb Steiner Chief Administrative Officer** 



**Ashley Tate-Gilmore** CEO Fortis Global



**Terry Truax** Partner Jenner & Block



**Yolanda Fields Executive Director** (began, April 2021)



#### **SUPPORT & REVENUE**

**TOTALS** 

\$ 7,065,637 4,449,623 105,193 1,066,336

295,119

12,981,908

#### **EXPENSES**

#### **TOTALS**

Program Services	\$ 11,802,861
Fundraising	890,315
Management and General	613,724

13,306,900

**CHANGE IN NET ASSETS** 

(324,992)



Contributions

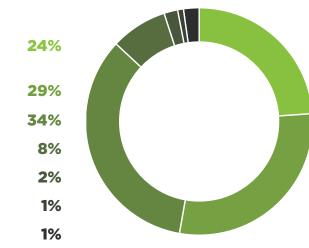
Program Fees

Gifts in Kind

Government Grants

Rental and Other Income

FOUNDATIONS & CORPORATIONS
INDIVIDUALS 29%
GOVERNMENT 34%
GIFTS IN KIND 8%
RENTAL & OTHER 2%
PROGRAM FEES 1%
CHURCHES 1%

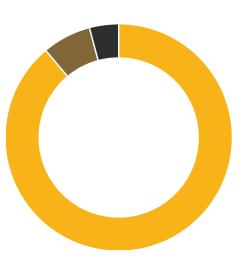


#### **EXPENSES**

PROGRAM 89%

**FUNDRAISING** 7%

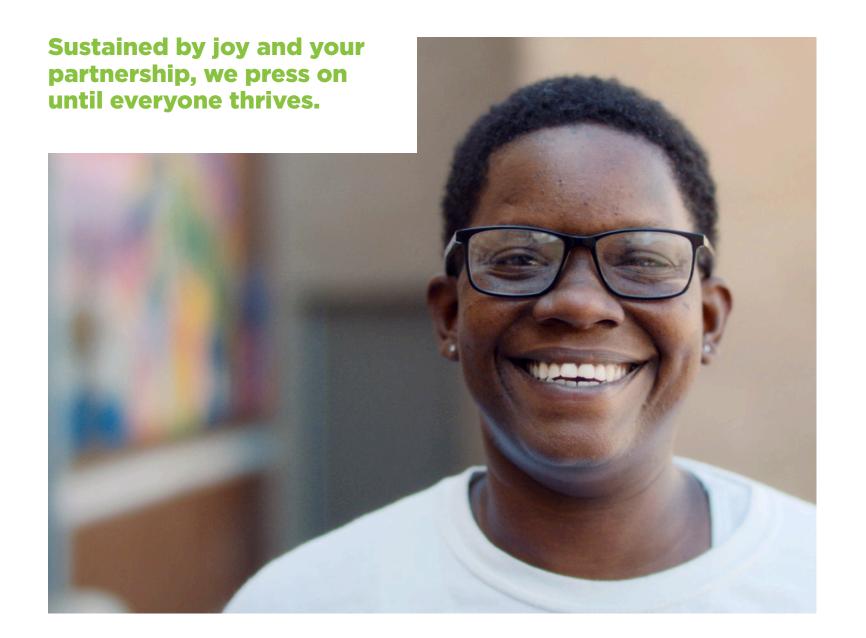
MANAGEMENT & 4% GENERAL







Expenses shown include depreciation and interest expenses of \$650,391. After adjusting for these items, Breakthrough's EBITDA is \$325,399.





**WATCH Breakthrough Overview Video** 





WATCH "Joy!" from our 2022 **Annual Benefit** 



Learn more and watch other videos at Breakthrough.org





Est. 2008 **MEN'S CENTER** 402 N. St Louis Ave.

Est. 2014 FRESH MARKET 3334 W. Carroll Ave.

Est. 2000 **WOMEN'S CENTER** 3330 W. Carroll Ave.

Est. 2015 **FAMILYPLEX** 3219 W. Carroll Ave.

**VIOLENCE PREVENTION CENTER** 

214 N. Homan Ave.



